

Hydrate!!

ARE YOU HYDRATED?

Always hydrate before, during, and after practices, workouts, and games! Keep your body hydrated on your off days. Signs of dehydration: thirst, dry mouth, fatigue, muscle cramps, headaches, and nausea. You CAN NOT hydrate fast, so do not wait until practice time. Besure to get enough salt as well so cramps won't be an issue.

'25-'26 Registration Is Still Open

PROGRAM AD SALES, CORPORATE SPONSORSHIPS, AND FIELD SIGN SALES ARE NOW DUE!

Know a homeschooler interested in sports? Tell them to register before it's too late! Email admin@southernchristianathletics.com for registration information. You will then be able to print the attached forms and drop them off. Late fees may apply so register as soon as possible!

Boys Basketball Meet & Greet Workout

SATURDAY AUG 23



Come out and meet the coaches and the team! This Saturday, 9am-10:30 am at 130 Sportsplex Drive, Valley, AL. All homeschool boys aged 11-18

Cross County 🏂

PRACTICES HAVE STARTED! JOIN CROSS COUNTRY!

Registration is open for Cross Country! Practice starts on Mon, 7:30am-8:30am at the soccer field next to Duck Samford Stadium, located on East Glenn Ave, across from Lakeview Baptist. Practices next week are M, W, and F 7:30am-8:30am. First meet is in 2 weeks, so get registered ASAP! Email admin@southernchristianathletics.com for forms.

Upcoming

V Football @ Ezekie AUGUST 22

Boys Basketball Meet & Greet Volleyball vs East Central AUGUST 23

Volleyball vs Victory Christian AUGUST 25

JV Football @ Springwood AUGUST 26

Volleyball @ Conecuh Springs AUGUST 28

V Football vs Baker County AUGUST 29

> Volleyball @ GCA AUGUST 30

> Volleyball @ GCA SEPTEMBER 2

Volleyball vs Ezekiel XC @ Lafayette Christian Invitational SEPTEMBER 4

> V Football vs Lighthouse SEPTEMBER 5

> > Volleyball @ TCH SEPTEMBER 8

JV Football vs Evangel Family SEPTEMBER 9

View Our Google Calendar!



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Seniors and Personal Ads

LAST CALL CLASS OF 2026!!!

Please email admin@southernchristianathletics.com if you are interested in purchasing a senior packet, banner \$50/sport, personal ads or senior ads for the upcoming fall program. Please send your photo and wording! All personal and senior ads are, ½ page \$100, Full \$150.

Congraulations Patriots!

SOUTHERN CHRISTIAN WINS IN TENNESSEE

Congratulations SCA, on your 35-6 victory over the Mississippi Tornadoes! Special recognition to Elijah Bailey and Jagger Scott for being named the game's MVPs. What a great opportunity to start the season in Gatlinburg, TN! Great job, cheerleaders on performing an amazing halftime show, supporting the team and leading the crowd in the stands! Thank you so much to every parent and coach who participated in any way. We appreciate you! Watch the replay>> https://www.youtube.com/watch?v= yEBHpUXTro





Let's Go Patriots!

CONGRATS VOLLEYBALL ON YOUR WIN

Congratulations JV and V Volleyball, on your win over the Rock Academy!

Come out and support the team this Saturday, Aug 23, at 11 am as they take on East Central. Valley Sportsplex Community Center 130 Sportsplex Dr, Valley, AL 36854





Attached to this email:

NEWSLETTER PDF
SCA HANDBOOK
SCA HANDBOOK RECEIPT
REGISTRATION FORM
ACSC LIABILITY WAIVER
PHYSICAL FORM
FORMS NEEDED CHECKLIST
SEASON PASS FLYER
FUNDRAISER INCOME CREDIT FORM
SCA FUNDRAISER INFO SHEET

TO COPY AND PASTE OR CLICK A
LINK, VIEW THE PDF COPY
ATTACHED TO THIS EMAIL.

DID WE FORGET SOMETHING?

PLEASE EMAIL US SO WE CAN

ADD IT TO NEXT WEEK'S

NEWSLETTER

UNSUBSCRIBE ANYTIME

JUST SEND US AN EMAIL IF

YOU'RE NO

LONGER INTERESTED IN SCA

ALL COMMUNICATIONS ARE CENTRAL TIME (CST)



THE PATRIOT POST PAGE 02

Calling All Volunteers

WE NEED YOU!



Help the Patriots by volunteering for one of these essential roles:

- 1. Scheduler: Take charge of scheduling basketball/baseball/softball games for the 2025-2026 year.
- 2. Janitor/ Housekeeper: Help keep the office tidy during the slow seasons
- 3. Coaches: SCA is in need of assistant coaches in JV Softball. We are also looking for an Archery, Soccer and Golf coach.

8 Man Extreme

GO AND SUBSCRIBE!

We are excited to announce that we are joining the 8man Extreme, Alabama YouTube page! We need everyone to go click and subscribe! Make sure it's the Alabama page! If we gain 20 more followers, we will be able to live-stream our games on here for free, which means your family members who can't make it to the game can watch from the comfort of their own homes. Here is the link:

https://youtube.com/@8-manextremealabama?si=Ke2Xx_K6oTkgaE3o

Please go subscribe and help us get those numbers up!!

Fundraiser Form

AD/FUNDRAISER INCOME CREDIT FORM ATTACHED

If you created your own fundraiser instead of participating in a SCA fundraiser, please download and fill out the Ad/ Fundraiser income credit form when turning in funds

Season Passes

NOW AVAILABLE

Passes will be available now at the home game gates! Money due at pick up! Season passes are good for ONE person and can be used at all home games for SCA teams. Tournaments excluded. ill out form

SEASON PASSES AND EAMILY MEMBEDQUID

EXCLUSIVE MEMBERSHIP PARAMETER



CAST YOUR CARES
ON THE LORD AND
HE WILL SUSTAIN
YOU; HE WILL NEVER
LET THE RIGHTEOUS
BE SHAKEN.

Psalm 55:22

HAPPY BIRTHDAY PATRIOTS!

AUGUST
Trinity Jerkins 08/01
Colten Phinney 08/01
Kaiden Greer 08/04
Katherine Sirmon 08/05
Henry Sirmon 08/05
Jimmi King 08/15
Lydia Phillips 08/21
Luke Rudd 08/22
Lillie Smith 08/26
Lily Bradshaw 08/27
Lillian Grace Smith 08/29

SEPTEMBER Jacob Melton- 09/05 Alice Maple 09/17 Ava Butler 9/19 Ash Forman 09/21 Seaborn Ketchum 09/21 Caleb Chatman 09/29



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CLINIC ON SIXTH



Hey Y'all!

RODEO DAY COMING IN OCTOBER

Our newest member of the ACSC- Sunshine Homeschool Association- is all about that Rodeo life! The Sunshine Saints have a rodeo arena at the school they own near Newbern, AL. They would like to host a barrel race soon.

We are looking for any barrel racers who would like to participate in the Rodeo Day. If you've got a cowgirl or cowboy who would be interested, hit us up at 334-744-3335.

Open Tennis Practice

STARTING SEPTEMBER 10

Open tennis practices will start September 10at 3:30 pm at the Opelika Tennis Center, 1102 Denson Dr, Opelika, AL 36801. Practices will last until 4:30 pm or 5 pm. For more information, please contact Coach Amanda Pack at 334-728-2177.



PREMIERSPIRITACADEMY

NEW EASTER EGGS COMING SOON

Great job, Katie Miller and Jedd Scott, on finding the Easter Eggs in our last newsletter! No worries, everyone, there will be another opportunity later in the season.

Fall Season Merch Is Coming!

GET THEM BEFORE THEY'RE GONE!!

Stop by the merch tent during home varsity games to purchase a Patriots blanket, yard sign, and stadium seat! Shirts, yard signs, and more are also available! Shirts \$25, Stadium Seats \$40, Blankets \$30, Yard Signs \$25, and Season Passes. *Pre sale has started for the Sports programs!







Donation Station

OUR ATHLETICS PROGRAM IS GROWING, AND WE NEED YOUR HELP TO PROVIDE RESOURCES! CONSIDER DONATING ONE OR MORE OF THE FOLLOWING ITEMS TO SUPPORT OUR ATHLETES:

MONETARY DONATIONS
TREADMILLS
LEG PRESS
EXERCISE BANDS
WEIGHTED BALLS
WEIGHTED BALL STAND
JUMP BOX
TRAVEL VAN/BUS
28 PASSENGER BUS WITH STORAGE
JANITOR / HOUSEKEEPER

Every contribution helps us enhance their training and keep our teams performing at their best. Thank you for your generosity!





















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